

UUKMA SOUTH WEST REGION SPORTS MEET 2023 - RESULTS

Rank	Category	Item	Chest No	Gender	Candidate	Single or Group
3	Adults	Long Jump	268	Female	ANITA TIJO	Single
2	Adults	Long Jump	105	Male	Tobin Thomas	Single
1	Adults	Long Jump	176	Male	Arun Thomas	Single
3	Juniors	Long Jump	138	Male	Alan Stalin	Single
1	Juniors	Long Jump	248	Female	LEYA JOHNSON	Single
2	Senior Adults	Long Jump	102	Male	Gireesh Thankappan pillai	Single
1	Senior Adults	Long Jump	101	Male	Abin George	Single
2	Seniors	Long Jump	107	Male	Benitto Abraham	Single
1	Seniors	Long Jump	111	Male	Cris jose Sojan	Single
2	Sub-Juniors	Long Jump	133	Female	Andrea Joseph	Single
1	Sub-Juniors	Long Jump	131	Male	Sayuj Santhosh	Single
1	Sub-Juniors	Long Jump	134	Female	Evangeline Sijo	Single
2	Super Senior	Long Jump	243	Female	LAGI JOSE	Single
2	Super Senior	Long Jump	139	Male	Bensy Abraham	Single
1	Super Senior	Long Jump	242	Male	BABY ANTONY	Single
3	Adults	Race 100M	145	Female	Ayswarya George	Single
3	Adults	Race 100M	105	Male	Tobin Thomas	Single
2	Adults	Race 100M	140	Female	Chinchu Jose	Single
2	Adults	Race 100M	176	Male	Arun Thomas	Single
1	Adults	Race 100M	161	Male	Monu Joseph	Single
3	Juniors	Race 100M	116	Male	Alvin Louis	Single
2	Juniors	Race 100M	119	Female	Riya Raju	Single
1	Juniors	Race 100M	136	Female	Tanaya Sajeev	Single
3	Kids	Race 100M	241	Male	ROSHVIN DINTO	Single
2	Kids	Race 100M	126	Male	Joseph Noah Chirattavayill	Single
1	Kids	Race 100M	128	Male	Stephen Tintu Thampi	Single
1	Kids	Race 100M	123	Female	Elaine Mia Tobin	Single
3	Senior Adults	Race 100M	183	Female	Mini Joseph	Single
2	Senior Adults	Race 100M	102	Male	Gireesh Thankappan pillai	Single
2	Senior Adults	Race 100M	144	Female	Sandhya Suresh	Single
1	Senior Adults	Race 100M	101	Male	Abin George	Single
3	Seniors	Race 100M	150	Female	Sneha Siju	Single
3	Seniors	Race 100M	254	Male	Alfred Ellickel	Single
2	Seniors	Race 100M	147	Female	Malavika Manoj	Single
1	Seniors	Race 100M	107	Male	Benitto Abraham	Single
3	Sub-Juniors	Race 100M	135	Female	Diksha Gireesh	Single
2	Sub-Juniors	Race 100M	134	Female	Evangeline Sijo	Single
1	Sub-Juniors	Race 100M	131	Male	Sayuj Santhosh	Single
1	Sub-Juniors	Race 100M	133	Female	Andrea Joseph	Single
2	Super Senior	Race 100M	139	Male	Bensy Abraham	Single
3	Adults	Race 200M	268	Female	ANITA TIJO	Single
2	Adults	Race 200M	145	Female	Ayswarya George	Single
2	Adults	Race 200M	161	Male	Monu Joseph	Single
1	Adults	Race 200M	176	Male	Arun Thomas	Single

3	Juniors	Race 200M	116	Male	Alvin Louis	Single
1	Juniors	Race 200M	138	Male	Alan Stalin	Single
1	Juniors	Race 200M	136	Female	Tanaya Sajeev	Single
2	Senior Adults	Race 200M	102	Male	Gireesh Thankappan pillai	Single
2	Senior Adults	Race 200M	183	Female	Mini Joseph	Single
1	Senior Adults	Race 200M	101	Male	Abin George	Single
2	Seniors	Race 200M	150	Female	Sneha Siju	Single
1	Seniors	Race 200M	177	Female	Amy Jose	Single
1	Seniors	Race 200M	107	Male	Benitto Abraham	Single
2	Sub-Juniors	Race 200M	134	Female	Evangeline Sijo	Single
1	Sub-Juniors	Race 200M	135	Female	Diksha Gireesh	Single
3	Super Senior	Race 200M	139	Male	Bensy Abraham	Single
2	Super Senior	Race 200M	243	Female	LADI JOSE	Single
2	Super Senior	Race 200M	267	Male	RAJU POULOSE	Single
2	Super Senior	Race 200M	244	Female	LISSY RAVIKUMAR	Single
3	Adults	Race 400M	260	Female	SOUMYA SAJEEV	Single
2	Adults	Race 400M	262	Female	NISHA SAURABH	Single
2	Adults	Race 400M	164	Male	Shyam kumar Sasikumar	Single
1	Adults	Race 400M	140	Female	Chinchu Jose	Single
2	Juniors	Race 400M	138	Male	Alan Stalin	Single
1	Juniors	Race 400M	114	Male	Jerin Jaimon	Single
2	Senior Adults	Race 400M	240	Male	SIJU PAULOSE	Single
1	Senior Adults	Race 400M	144	Female	Sandhya Suresh	Single
3	Seniors	Race 400M	182	Male	Austin Jose	Single
2	Seniors	Race 400M	166	Male	Manual Baby	Single
1	Seniors	Race 400M	147	Female	Malavika Manoj	Single
1	Seniors	Race 400M	111	Male	Cris jose Sojan	Single
3	Kids	Race 50M	122	Male	Calvin Jacob Sixan	Single
2	Kids	Race 50M	126	Male	Joseph Noah Chirattavayill	Single
1	Kids	Race 50M	128	Male	Stephen Tintu Thampi	Single
1	Kids	Race 50M	123	Female	Elaine Mia Tobin	Single
2	Sub-Juniors	Race 50M	129	Male	Elvin Teo Tobin	Single
1	Sub-Juniors	Race 50M	133	Female	Andrea Joseph	Single
2	Common	Relay 4x100M	141	Female	Chinchu Jose	Group
2	Common	Relay 4x100M	159	Male	Tobin Thomas	Group
2	Common	Relay 4x100M	159	Male	Manual Baby	Group
2	Common	Relay 4x100M	159	Male	Abin George	Group
2	Common	Relay 4x100M	141	Female	Ayswarya George	Group
2	Common	Relay 4x100M	141	Female	Sandhya Suresh	Group
2	Common	Relay 4x100M	141	Female	Malavika Manoj	Group
2	Common	Relay 4x100M	159	Male	Sreekanth Nambiar	Group
1	Common	Relay 4x100M	149	Male	Chris Sojan	Group
1	Common	Relay 4x100M	149	Male	Benitto Abraham	Group
1	Common	Relay 4x100M	149	Male	Alan Stalin	Group
1	Common	Relay 4x100M	158	Female	Riya Raju	Group
1	Common	Relay 4x100M	158	Female	Anamika Suresh	Group

1	Common	Relay 4x100M	158	Female	Diya Abraham	Group
1	Common	Relay 4x100M	158	Female	Sneha Siju	Group
1	Common	Relay 4x100M	149	Male	Arun Thomas	Group
3	Adults	Shot Put	155	Male	Nirmal Malamel Anto	Single
3	Adults	Shot Put	140	Female	Chinchu Jose	Single
2	Adults	Shot Put	268	Female	ANITA TIJO	Single
2	Adults	Shot Put	164	Male	Shyam kumar Sasikumar	Single
1	Adults	Shot Put	145	Female	Ayswarya George	Single
1	Adults	Shot Put	105	Male	Tobin Thomas	Single
3	Senior Adults	Shot Put	250	Female	RANI AJAY	Single
2	Senior Adults	Shot Put	183	Female	Mini Joseph	Single
1	Senior Adults	Shot Put	104	Male	Sobu Cheriyan	Single
1	Senior Adults	Shot Put	144	Female	Sandhya Suresh	Single
2	Seniors	Shot Put	147	Female	Malavika Manoj	Single
2	Seniors	Shot Put	163	Male	Alex Raju	Single
1	Seniors	Shot Put	111	Male	Cris jose Sojan	Single
2	Super Senior	Shot Put	137	Male	Suresh Damodaran	Single
3	Kids	Standing Broad Jump	123	Female	Elaine Mia Tobin	Single
2	Kids	Standing Broad Jump	126	Male	Joseph Noah Chirattavayill	Single
1	Kids	Standing Broad Jump	122	Male	Calvin Jacob Sixan	Single